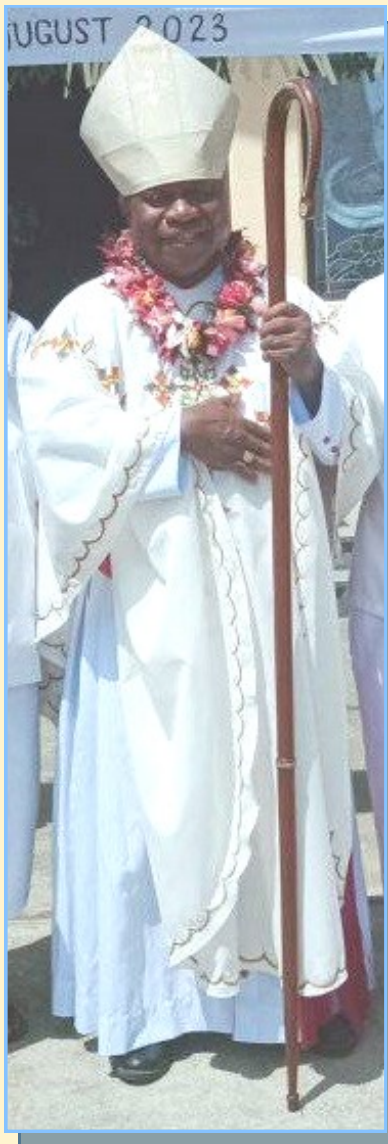




OUR NEW BISHOP FOR THE DIOCESE OF GIZO

A NEW BISHOP INSTALL FOR OUR DIOCESE



Catholic Diocese of Gizo now has a new Bishop, Most Rev. Bishop Peter Houhou who was installed at St. Peter Cathedral Gizo on Sunday 27th of August 2023 by the Nuncio, His Excellency, Most Reverend Archbishop Fermin Emilio Sosa Rodriguez.

The installation ceremony commenced with a customary handing over of Bishop Peter Houhou to the Diocese of Gizo, which was witnessed by Archbishops, Bishops, Clergies, Religious Sisters and Brothers, guests, church representatives, the Premier of the Western Province, parishioners, relatives, family

members, friends and the public.

This was followed by a beautiful and colorful Eucharistic celebration that involved children, youths, and everyone who took part in beautifying the celebration.

Part of the installation was His Excellency Most Reverend Archbishop Fermin E. Sosa Rodriguez, the Pope's representative (Nuncio) revealed the Pope's letter of acceptance of Bishop Peter Houhou as the new

bishop for the Diocese of Gizo.

The main celebrant during the installation was Archbishop Christopher Cardone OP who handed over the crozier to Bishop Peter Houhou symbolizing his pastoral mission commencement for the diocese.

The celebration continued after the Eucharistic Mass, highlighting speeches, feasting, and entertainment.

For the speeches, the first speaker was the Vicar General for the Diocese of Gizo, Fr. Steven Te'e. He expressed his acknowledgement to His Emeritus Bishop Luciano Capelli SDB for the past 16 years serving the diocese in terms of rehabilitation (earthquake and tsunami), infrastructures and on pastorals.

The Nuncio also thanked Bishop Luciano Capelli SDB for the services he rendered for the people of the diocese and as well for the nation.

In his reply, the retired bishop, His Emeritus Bishop Luciano Capelli SDB reminded everyone of the first missionaries who planted the church; the spirit of the Gospel and the spirit of the kingdom, and he asked everyone to join the new bishop in serving the church of God.

A beautiful remark also came from the new bishop of the Diocese of Gizo, Bishop Peter Houhou who acknowledged everyone for their presence.

He said that it is a great event and a kind of manifestation of everyone's faith and love for our beloved Catholic faith, and acknowledged everyone's presence during his installation.

He also thanked beloved bishop, His Emeritus Bishop Luciano Capelli SDB for the past 16 years for shepherding the Diocese of Gizo and for the great work he had done in building the Diocese.

The program concluded with entertainment from various groups around the diocese with the final blessing from the new bishop.

OUR CATHOLIC PRIESTS?

Inside this issue.

Bishops Installation news
Priest Page— Our priests?

page 1
page 2

Nuncio visitations

S/Deanery News in Bits

N/Deanery News in bits (Moli, St. Joseph parish)

Health Tips

Page 3

page 4

Page 5

page 6

**WHY OUR CATHOLIC PRIESTS NOT ALLOWED TO MARRY?
IS MARRIAGE SINFUL OR IS CELIBACY IN THE BIBLE?**



Is Celibacy in the Bible? *(Catholic online Class)*

This has been one of the major challenges that every average Catholic faces before Protestants and the likes.

Basing their argument on the biblical injunction:

Is Celibacy in the Bible?

“Go into the world and multiply, bear fruits and fill the earth...” (Gen 1:28), and other related passages in the scriptures, the Protestants claim that Catholic priests disobey God’s command by not having wives for the purpose of procreation. And unfortunately, many young Catholics are ignorant of the major reasons why catholic priest are not allowed to marry, and they are not aware of the biblical provisions for celibacy too.

We must understand that in as much as marriage is a matter of choice, celibacy too is a matter of choice. That is, the biblical provisions for celibacy is very clear, not by force but by choice.

In his first letter to the Church in Corinth St. Paul writes concerning celibacy: “I approve of this abstinence, but I do not order it. I would like everyone to be like me (unmarried), but each has his own gift from God, one this kind, another a different kind. To the unmarried and the widows I say that it would be good for them to remain unmarried as I am, but if they cannot control themselves, let them marry than to burn with passion” (7:6-9).

On that note, we see that:

1. St. Paul approves celibacy for a total dedication for the service of God, that which an unmarried person

has more advantage and less distractions to perform than the married.

2. Paul himself was not a married apostle even though he had the right.

3. Marriage is by choice and not by force: Paul

appeals that those who cannot resist the burning passion of sexual urges should do well to marry. His reason is that God has ordained each person with a particular gift, and the other person with another gift. This is where the Catholic Church invites those who have the gift of selfless service, like St. Paul himself, into priesthood. No one is forced to be a Catholic Priest.

In short, the Church does not force anyone to become a Catholic priest because both marriage and priesthood are, for the Church, two different vocations in either which a person, with relative gift, is called to serve God in truth and in spirit. Thus, neither marriage nor priesthood is a matter of coercion or compulsion.

If as a Catholic priest, a man desires to get married as a result of not being able to control his sexual passion, such a person can be laicized and he will go and get himself a family and continue his vocation, not as a priest but, in a conjugal dimension.

4. Both marriage and celibacy are gifts from God. That is, it is not sinful to marry, neither is it sinful to be celibate.

NUNCIO VISIT SCHOOLS AND COMMUNITIES

Nuncio Visits Schools and other Provincial Department



His Excellency Most Reverend Archbishop Fermin Emilio Sosa Rodriguez, along with Msgr. Federico Boni and Bishop Peter Houhou visited schools around St. Peters Parish Gizo.

They visited the Vanga Training Schools, St. Peters Urban Training Center and St. John Bosco Schools on the 24th, 25th, and 31st of August.

They also had the privilege to visit the St. Eusebius Parish Noro, the Western Provincial Premier,

Gizo Hospital, and the Gizo Correctional Center.

At the Correctional Center the Nuncio delivered his simple and powerful message reminding the inmates to build a healthy romantic relationship among them while they are in prison. There, they will achieve love, respect, and obedience, he said.

Their visitations signify the Church's dedication to education and community engagement.

Bishop Peter Houhou's presence during these visits highlights the collaborative efforts within our Diocese and the public.



**Rellysdom Aaron Malakana
Catholic Media Office
Diocese of Gizo**

For the past 15 years working in the diocese under the administration of our beloved Emeritus Rev. Bishop Luciano Capelli SDB, I have learned a lot and gained a lot of knowledge from his very inspiring

word "COURAGE".

I failed some of my responsibilities but this word always lifted me from my mistakes.

The word also educated me a lot, which motivated me and gained the courage to do better.

Collaborating with him was not just getting the job done by day, but doing the job taught and gave me true experiences to have enough confidence to accomplish my job.

He is now retired as our bishop of the Diocese of Gizo, but his encouraging words have satisfied me; and are treasured in my heart.

Bishops' presence in our country and in our diocese is a gift. We thank God for the gift of him; for rebuilding the hearts of many displaced people after the ethnic tension and the 2007 earthquake and tsunami.

I thank him for his pastoral message on the front page of our Waves monthly newsletter, and I am looking forward to our new bishop; his pastoral message for the front page (The Diocesan "Waves" Newsletter).



FEAST DAY OF BVM CELERATE

Feast Day of the Assumption (BVM) Celebrate.



The feast day of the Blessed Assumption of the Virgin Mary was celebrated around the parishes on Sunday 13th and Tuesday 15th of August.

The celebration commemorates the death of Mary and her bodily assumption into Heaven. A holy day of obligation in which every parish around the diocese would be obliged to attend Mass for this feast.

Most of our parishes had the time to involve in outdoor activities like St. Joseph Moli who had their sport activities etc.

For St. Peters parish

Gizo, they celebrated with the Thanksgiving Mass on Sunday 13th August 2023 and the Nusabaruku Community celebrated the solemnity on the 15th to mark their feast day.

The beautiful celebration continued to enlighten each one to know more about Mama Mary.



The Feast of the Most Holy Name of Mary is the 12th September.

The Most Holy Name Of Mary: Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.



The Feast of the Universal Exaltation of the Precious and Life-Giving Cross is celebrated each year on September 14.

The Feast commemorates the finding of the True Cross of our Lord and Savior Jesus Christ by Saint Helen, the mother of the Emperor Constantine1.



We provide Sculptures for best prize



ST. JOSEPH MOLI NEWS IN BITS

Moli Celebrates the feast day of St. John Vianney.

(Inf. Media volunteer Moli—Anthony Telovae)



St. Joseph Moli Parish celebrated the feast day of St. John Vianney on 4th August at the mission station on Moli Island.

The feast day commenced with the celebration of Mass to commemorate the Saint with a wonderful homily from the Parish Priest Fr. Timothy OP.

After Mass, the Parish Priest continued with his vocation talk on the life story of St. John Vianney to youths and the Divine Mercy group. He highlighted that St. John Vianney became the curate of Ars, where he spent most of his life and was known as the Holy Cure' de Ars. He is the patron saint of parish priests.

St. John Vianney was a French priest who was renowned as a confessor for his supernatural powers. He was born in 1786 in France and ordained a priest in 1815.

To commemorate the feast day, light refreshment was served for everyone with a prayer to conclude the celebration.

Harvest Festival Appreciate.

(Inf. Media volunteer Moli—Anthony Telovae)



St. Joseph Parish Moli harvest festival on the 3rd of August 2023 was appreciated by the fundraising committee.

The committee liked to extend their appreciation to the families and others from other parishes, and those residing in Honiara and Gizo or other areas.

A total of up to \$20,000.00 was from sales of cooked and uncooked foods, card games, family contributions, donations, etc.

The parish priests and the fundraising committee thanked everyone for their support in one way or the other for the success of the drive.

The money raised was for their pastoral programs for six months period and other infrastructures.

Salesian Sisters End their Retreat at Moli.

The Salesian Sisters, Sr. Regina and Benedette successfully ended their Retreat with a Thanksgiving Mass at St. Joseph Moli Parish.

With them was Fr. Anil from St. Eusebius Parish Noro who was their Retreat Master.

They also had the privilege to celebrate feast days for St. John Vianney and St. Dominic with the community at the mission station.



Dominicans Celebrate their Founders Solemnity.

(inf. Anthony—parish media)



Dominican family here in Moli Parish celebrated their founder's feast day on the 8th of August.

Celebration with the community and other Religious Sister turn out to be a kind of solidarity among them and the community at that parish.

During the speeches they had the privilege to farewell the Salesian Sisters and their Retreat Master Fr. Anil who departed for Gizo after their Retreat at Moli Pastoral Center.

COMPLICATION OF STRESS AND HBP**Complications of Stress and High Blood Pressure**

The main goal in managing high blood pressure is keeping your blood pressure levels within a normal range, and prolonged stress prevents that from happening. Research

shows that stress can lead to further medical complications for people with high blood pressure. If left untreated or in a situation where your high blood pressure symptoms worsen, it can lead to complications such as kidney disease, stroke, and heart disease.

Diagnosis of Stress and High Blood Pressure

In many cases, chronic stress begins as acute stress. In such cases, you might not immediately notice that you are stressed. Stress may manifest in physical symptoms such as headaches, dizziness, chest pain, and trouble sleeping. Your

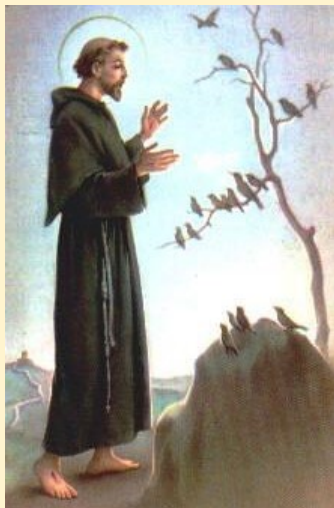
healthcare provider can diagnose high blood pressure. A blood pressure cuff will be used to measure your blood pressure levels; if you have consistent high readings over two or more appointments, you might be diagnosed with high blood pressure. Normal blood pressure levels should be less than 120/80mm Hg for adults.

Treatment of Stress and High Blood Pressure

Treatment for high blood pressure comprises a combination of medication and lifestyle changes. While stress doesn't need to be treated with medication, adopting healthy lifestyle changes will help you keep it in check. In specific scenarios, people with high blood pressure and experiencing severe stress might be prescribed beta-blockers. Beta-blockers are used to alleviate symptoms of stress.



To be continue next issue

- UPCOMING FEAST DAYS FOR OCTOBER -

Feast day: October 4
Patron: of Animals, Merchants & Ecology
Birth: 1181
Death: 1226

Francis of Assisi was poor only that he might be Christ-like. He recognized creation as another manifestation of the beauty of God. In 1979, he was named patron of ecology

Feast day: October 22
Patron: of World Youth Day (Co-Patron)
Birth: 1920
Death: 2005

Karol J. Wojtyla, known as John Paul II since his October 1978 election to the papacy, was born in Wadowice, a small city 50 kilometers from Cracow, on May 18, 1920. He was the second of two sons born to Karol Wojtyla and Emilia Kaczorowska.

